

EL CAPITAN HIGH SCHOOL 2009 VAQUEROS FOOTBALL SCHEDULE

<u>DATE</u>	<u>DAY</u>	<u>OPPONENTS</u>	<u>LOCATION</u>	<u>TIME</u>
<u>VARSITY</u>				
AUG. 28	FRIDAY ##	Lincoln, Otay, Serra	SERRA	7:00 PM
SEPT. 4	FRIDAY	UNIVERSITY CITY H.S.	EL CAPITAN	7:00 PM
SEPT. 11	FRIDAY	RAMONA H.S.	RAMONA	7:30 PM
SEPT. 18	FRIDAY	POINT LOMA H.S.	POINT LOMA H.S.	3:00 PM
SEPT. 25	FRIDAY	MORSE H.S.	EL CAPITAN	7:00 PM
OCT. 2	FRIDAY	MONTE VISTA	MONTE VISTA	7:00 PM
OCT. 9	FRIDAY	MOUNT MIGUEL	EL CAPITAN	7:00 PM
OCT. 16	FRIDAY	SANTANA	SANTANA	7:00 PM
OCT. 23	FRIDAY	GROSSMONT *	EL CAPITAN	7:00 PM
OCT. 30	FRIDAY	EL CAJON	EL CAJON	6:30 PM
NOV. 6	FRIDAY	WEST HILLS H.S. **	EL CAPITAN	7:00 PM
NOV. 13	FRIDAY	BYE	BYE	

SCRIMMAGE

** HOMECOMING

*Parent Day

JUNIOR VARSITY

AUG. 28	FRIDAY ##	Lincoln, Otay, Serra	SERRA	5:00 PM
SEPT. 4	FRIDAY	UNIVERSITY CITY H.S.	EL CAPITAN	4:30 PM
SEPT. 11	FRIDAY	RAMONA H.S.	RAMONA	4:30 PM
SEPT. 17	THURSDAY	POINT LOMA H.S.	POINT LOMA H.S.	3:00 PM
SEPT. 25	FRIDAY	MORSE H.S.	EL CAPITAN	4:30 AM
OCT. 2	FRIDAY	MONTE VISTA	MONTE VISTA	4:30 PM
OCT. 9	FRIDAY	MOUNT MIGUEL	EL CAPITAN	4:30 PM
OCT. 16	FRIDAY	SANTANA	SANTANA	4:30 PM
OCT. 23	FRIDAY	GROSSMONT *	EL CAPITAN	4:30 PM
OCT. 30	FRIDAY	EL CAJON	EL CAJON	4:15 PM
NOV. 6	FRIDAY	WEST HILLS H.S. **	EL CAPITAN	4:30 PM
NOV. 13	FRIDAY	BYE	BYE	

FROSH

Aug. 28	FRIDAY ##	Lincoln, Otay, Serra	SERRA	3:00 PM
SEPT. 3	THURSDAY	UNIVERSITY CITY H.S.	UNIVERSITY CITY	4:30 PM
SEPT. 10	THURSDAY	RAMONA H.S.	EL CAPITAN	5:00 PM
SEPT. 17	THURSDAY	POINT LOMA H.S.	EL CAPITAN	5:00 PM
SEPT. 24	THURSDAY	MORSE H.S.	MORSE	4:00 PM
OCT. 1	THURSDAY	MONTE VISTA	EL CAPITAN	5:15 PM
OCT. 8	THURSDAY	MOUNT MIGUEL	MOUNT MIGUEL	5:15 PM
OCT. 15	THURSDAY	SANTANA	EL CAPITAN	5:15 PM
OCT. 22	THURSDAY	GROSSMONT	GROSSMONT	5:15 PM
OCT. 31	SATURDAY	SAINTS	SAINTS	10:00 AM
NOV. 5	THURSDAY	WEST HILLS H.S.	WEST HILLS	5:15 PM
NOV. 12	THURSDAY	BYE		

Varsity Head Coach - Ron Burner
J.V. Head Coach - Chris Tockstein
Frosh Head Coach - Dave Garcia

Principal - Bill Sullivan
Assist Principal Athletics - Paul Hedberg
Athletic Director - Steve Vickery
Athletic Trainer - Brenda Niederberger
Facilities Manager - Michele Storton

School Colors - Black-Gold

School Mascot - Vaqueros