

# EL CAPITAN CLUBS

## Anime Club

Enjoys and shares the category of entertainment know as "Anime"

Membership Requirements: None

Membership Dues: \$7.00

Fund Raising: None

Advisor: Chris Webb



## AVID-Advancement Via Individual Determination

Organizes AVID events, fundraisers and community service. Events include field trips to UCSD, USD, San Diego Zoo, Disneyland, and our very own "Dive-In" Movie Night at the El Cap Pool. AVID Club serves all El Capitan students.

Membership Requirements: Enrollment in AVID at El Capitan

Membership Dues: None

Fund Raising: To pay for planners, events and activities.

Advisor: Michelle Barnett

## Books for Foster Kids-BFF Kids

Collects books to be distributed twice monthly to foster kids, primarily in Lakeside. We also try to do a craft project in conjunction with the book topics each time we deliver books.

Membership Requirements: Must positively contribute to the club by adding to activity ideas, help organize books, and assist in delivering books.

Membership Dues: None

Fund Raising: None

Advisor: Susan Ehrenfeld



## Calculus Club

Promotes interest in the study of calculus.

Membership Requirements: Several synapses

Membership Dues: None

Fund Raising: None

Advisor: Scott Lieberknecht



## Cheer

Works to increase and support school spirit, sportsmanship and activities. Cheer at CIF athletic events and participate in cheer competitions throughout the year.

Membership Requirements: Students must be eligible for athletics.

(Try-outs are in the spring).

Membership Dues: Varies depending on uniform costs, competition fees and other possible activities.

Fund Raising: Various opportunities to help offset participation costs.

Advisor: Lindsay Gampel-Qualin



### **Chef's Club**

Meets: Once a month on Fridays during lunch in Room 1152  
Students in the *Food Discoveries* class and *ROP Culinary Arts* class prepare food for sale throughout the year.  
Membership Requirements: None  
Membership Dues: None  
Fund Raising: Cookbook Sales, Booth at Homecoming Carnival, Caramel Apples at Halloween  
Advisor: Holly Pittman



### **Christian Club**



Meets: Thursdays during Lunch in the Career Center  
Gives students an opportunity to practice spiritual beliefs.  
Membership Requirements: None  
Membership Dues: None  
Fund raising: None  
Advisor: Carolee Villegas

### **CSF-California Scholarship Federation**

Meets: Periodically on Tuesdays during lunch in Room 926  
Provides scholarships to students who show academic excellence.  
Membership Requirement: GPA  
Membership Dues: \$5 donation to club  
Fund Raising: Candy Bar Sales  
Advisor: Dena Rosenberger

### **Dance Club and Companies**

Dance productions and field trips.  
Membership Requirements: Enrollment in *Dance Class* at El Capitan  
Membership Dues: None  
Fund Raising: To pay for productions, costumes and field trips.  
Advisor: Joanna Robbins



### **Drama Club**

Meets: Tuesdays during lunch in Room 1403  
Performs as many times as possible in our new mini theatre.  
Membership Requirements: None  
Membership Dues: None  
Fund Raising: Booth at Homecoming  
Advisor: Deana Davison



### **FFA-Future Farmers of America**

Leadership development in agriculture students.  
Membership Requirements: Enrolled in AG classes at El Capitan  
Membership Dues: None  
Fund Raising: Selling Beef Jerky  
Advisor: Don Dyer



### **The Finer Things Club**

Meets: 2<sup>nd</sup> and 4<sup>th</sup> Fridays during lunch in Room 928  
Learning culture through exploration of literature and food.  
Membership Requirements: Able to read books and discuss  
Membership Dues: \$5  
Fund Raising: None  
Advisor: Sandy Martinez

### **Fit Club**

Meets: Tuesdays during lunch in Room 702  
Promotes healthy lifestyles and fitness programs.  
Membership Requirements: None  
Membership Dues: TBA  
Fund Raising: TBA  
Advisor: Lindsay Gampel-Qualin



### **Food Club**

Meets: Periodically on Wednesdays during lunch in Room 1500  
Enhances student's culture of food, and knowledge of those foods.  
Activities Include: Gatherings at selected restaurants.  
Membership Requirements: None  
Membership Dues: None  
Fund Raising: None  
Advisor: Andrea Cooke



### **Friday Night Live**

Meets: Mondays during lunch in the Career Center  
Promotes healthy lifestyles for teens through activities free of alcohol, tobacco and other drugs.  
Activities include lunchtime rallies, field trip and dance.  
Membership Requirements: Attend Weekly Meetings.  
Membership Dues: None  
Fund Raising: Grant funds  
Advisors: Lisa Read, Carolee Villegas



### **Friends of Rachel Club**

Meets: Tuesdays during lunch in Room 403  
Promotes acts of kindness, tolerance and forgiveness on campus and in the community.  
Membership Requirement: Attend weekly meetings  
Membership Dues: None  
Fund Raising: Homecoming Booth at Carnival  
Advisors: Lisa Read, Debbie Smith

### **Gay Straight Alliance**

Meets: Wednesday's at lunch in Room 1261  
Through peer support, leadership development and training, our club supports students in creating a safe environment, fight discrimination, harassment and violence.  
Activities Include: Day of Silence, Gay Rodeo, and the Aids Walk.  
Membership Requirements: None  
Membership Dues: None  
Fund Raising: Recycling, T-Shirt Sales  
Advisor: Miriam Haughey

### **Invisible Children**

Our purpose is to raise funds and awareness of the suffering taking place in the war in Northern Uganda.  
Membership Requirements: Spread the word  
Membership Dues: None  
Fund Raising: Sell products  
Advisor: Jan Coulsby

### **Military Club**

Meets: Tuesdays during lunch in Career Center  
Discuss military branches, jobs, standards, duty stations, etc.  
Activities Include: Visiting local bases/commands and possible trip to the USS Midway.  
Membership Requirement: None  
Membership Dues: None  
Fund Raising: None  
Advisor: Susan Saunders



### **Peer Leaders**

Peer Leaders assist fellow students in 1 on1 peer listening, peer mediation, and new student hosts and tours.  
Membership Requirements: Complete "Ready To Learn" training and comply with Peer Leader "No Use" and "Confidentiality" contract.  
Membership Dues: None  
Fund Raising: None  
Advisor: Joe Herman

### **The Photo Club**

Field trips around San Diego taking photos as a group. Most trips will be after school or on the weekends.

Membership Requirements: None

Membership Dues: None

Fund Raising: Selling prints during art shows

Advisor: Gina Grossini



### **The Positive Movement Human Race Relations Club**

Promotes safety and awareness for all students.

Membership Requirements: Current El Cap student and valid ASB card.

Activities Include: Mix It Up, MLK Day, and possible Peace Day on campus.

Membership Dues: None

Fund Raising: Selling merchandise that promotes safety and positivism.

Advisor: Gina Grossini



### **Press Club**

Production of the "El Capitan Horizon". The Press Club encourages students to pursue higher education and careers in the fields of print and broadcast journalism. We plan to participate in the San Diego Journalism Day and compete at the Del Mar Fair.

Membership Requirements: Application process and desire to participate in related activities.

Membership Dues: None

Fund Raising: Advertising revenue

Advisor: Kelly Logan



### **Really Loud Gold Crowd**

Attend sporting events to pump up the crowd.

Membership Requirements: None

Membership Dues: None

Fund Raising: None

Advisor: Andrea Cooke

### **Rock Club**

To help the social stature of individuals at El Capitan and to create a better understanding of rock and roll music and of instrumental knowledge.

Activities Include: Playing at venues and attending appropriate concerts.

Membership Requirement: Own instrument and a desire to play.

Membership Dues: Venue costs

Fund Raising: Money to support concerts

Advisor: Jan Coulsby



## Roots and Shoots



Meets: Thursdays during lunch in Room 1009  
The purpose of this club is to do service projects that help the environment.  
Activities Include: "I Love A Clean San Diego" and Ruben H. Fleet, Walk On Water.

Membership Requirements: Be an active member.

Membership Dues: None

Fund Raising: Reusable grocery bags, recycling

Advisors: Dena Rosenberger, Sherry Trochta

## Spanish Club

Meets: Periodically on Fridays during lunch in Room R15

Promotes learning more about Spanish speaking countries and Hispanic culture. We also promote outside reading in Spanish through children's books. Spanish Club raises money for college scholarships for Senior club members.

Activities Include: Dia de los muertos Altar, Cultural events, Hands on Artisan activities, dinner in Spanish speaking restaurants, theatre outings and guests speakers.

Membership Requirements: None

Membership Dues: None

Fund Raising: None

Advisor: Donna Tucker



## Sports Medicine Club

Educates students, teachers and community about the sports medicine field.

Membership Requirements: Attend meetings

Membership Dues: None

Fund Raising: Snow cone sales, First Aid Kit sales and Tape-A-Thon.

Advisor: Brenda Neiderberger

## Yearbook

Meets: During *Publications* class, 4<sup>th</sup> Period

Creates the annual El Capitan Yearbook

Membership Requirements: Enrolled in *Publications* class and student must have a 2.5 GPA and be in good standing with the school.

Membership Dues: None

Fund Raising: Restaurant Experience, and Senior Ads

Advisor: Denise Dreis

