



# Programming for your Sophomore Year



# Graduation Requirements

220 credits total

- 40 – English
  - 10 – Foreign Language or Fine Arts
  - 20 – Math including passing Alg 1C-2
  - 10 – Math beyond Algebra
  - 20 – PE
  - 10 – Life Science
  - 10 – Physical Science
  - 5 – Geography
  - 10 – US History
  - 5 – American Government
  - 5 – Economics
  - 10 – World History
  - 60 – Electives
- First Aid
  - Tech Foundations
  - Pass the CAHSEE

PARENT NAME ----- ADDRESS ----- CITY ----- -ZIP- -HOME PHONE- -BUSN PHONE- -CSIS ID--

GRADUATION EXIT TYPE CAHSEE WITHDRAW COD SCHOOL NAME ----- ADDRESS ----- CITY ----- ZIP SCHOOL-PHONE  
 - - - - - NOT MET - - - - - EL CAPITAN 10410 ASHWOOD ST LAKESIDE, CA 92040 619 938-9100

TEACHER	COURSE	MK	EF	CO	CRED	ATM	GREQ	UCAG	CMPL	SCH
Y480 Webb Christoph.	B100 Design 3-D 1	C	S	5.0	5.0	F1	F	12-2007	05	
FF07 Fillius Kelly	E014 English 1C	B	S	5.0	5.0	E1	BG	12-2007	05	
F999 Le Clainche Ja.	G011 French 1C	C	S	5.0	5.0	G1	EG	12-2007	05	
DG72 Aguayo Diana	M400 Algebra IC-1	B	O	5.0	5.0	M1	C	12-2007	05	
U462 Russell Mary	P109 Phys Educ 9th	A	S	5.0	5.0	P1		12-2007	05	
B557 Storm David	S003 In/Geo Con 1C	B	O	5.0	5.0	S1	G	12-2007	05	
DD13 Holding Jamie	*Z165 Volleyball-09	NM		0.0	0.0	Z0		12-2007	05	
---- Session 1-2008 GPA:2.833 ----				Total:30.00		Grade:09				

---- GRADE POINT AVERAGE & CREDIT ----  
 Star \* means course not part of GPA  
 Overall GPA includes 9th grade  
 Overall GPA: 2.833 as of 01-08-2008  
 Ranking GPA: 2.833 as of 01-08-2008  
 Rank in Class 206 of 461 at Sch:05

Credits required to graduate: 220.00  
 Total credits completed: 30.00

Credits needed to graduate: 190.00

LIMIT 40 PHYS EDUC CREDITS IN TOTAL (05.00)  
 LIMIT 20 WORK EXPER CREDITS IN TOTAL (00.00)  
 School is accredited through WASC Accrediting Commission for Schools.  
 Transcript is UNOFFICIAL unless accompanied by SCHOOL SEAL and SIGNATURE

Authorized Signature \_\_\_\_\_ Date \_\_\_\_\_

----- COURSES IN PROGRESS -----

COURSE	PER	TEACHER	CREDIT	ROOM
Y341 Peer Tutor	02	F419 Beaton Jan	5.0	1151
B101 Design 3-D 2	03	Y480 Webb Christoph.	5.0	1260
P109 Phys Educ 9th	04	U462 Russell Mary	5.0	294
E015 English 2C	05	FF07 Fillius Kelly	5.0	833
Y520 Tech Fund	06	P980 Culbertson She.	5.0	516
M405 Algebra IC-2	07	DG72 Aguayo Diana	5.0	841

----- COURSE REQUIREMENTS -----

REQUIREMENT	REQD	EARN	MET
E1 English 1-2	10.00	5.00	NO
E2 English 3-4	10.00	0.00	NO
E3 English 5-6	10.00	0.00	NO
E4 Senior English	10.00	0.00	NO
F1 Fine Arts (or)	10.00	5.00	NO
G1 Foreign Lang	10.00	5.00	NO
M1 Mathematics	15.00	5.00	NO
M2 Algebra	5.00	0.00	NO
M3 Geom/Higher (or)	10.00	0.00	NO
M4 Post Algebra	10.00	0.00	NO
P1 Physical Educ	20.00	5.00	NO
R1 Life Science	10.00	0.00	NO
R2 Physical Science	10.00	0.00	NO
S1 Geography/Hum I	5.00	5.00	YES
S2 Life Mgmt Skills	5.00	0.00	NO
S3 US Hst Cul Geog	10.00	0.00	NO
S4 American Gov't	5.00	0.00	NO
S5 Economics	5.00	0.00	NO
S6 World History	10.00	0.00	NO
Electives		0.00	
Total ---->		30.00	

=== NO Ca HS Exit Exam ON FILE ===

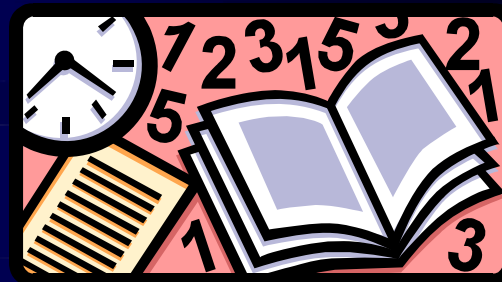
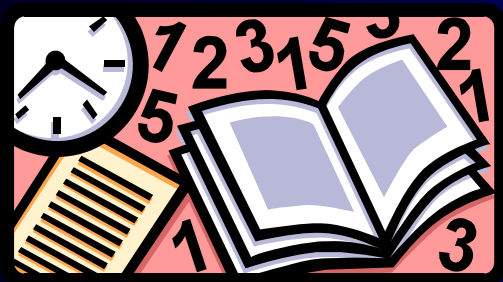
----- ADDITIONAL REQUIREMENTS -----  
 First Aid NOT MET  
 Career Plan NOT MET  
 Tech Foundations NOT MET

--- TEST DATA / COMMENTS / ACTIVITIES ---

----- IMMUNIZATION DATA -----  
 Polio V DPT Id V Measles V MET ALL  
 09/1993 09/1993 05/1997 REQUIRED  
 02/1994 03/1993 04/1998 05/2007  
 05/1997 02/1994 Hepatitis-B  
 04/1998 05/1997 Mumps V 02/1993 Rubella V

# News about Physical Education

- Must pass 5 out of 6 tests on the Fitnessgram
- If not, then must take P.E. in the 10<sup>th</sup> grade
- Tests given this year between February and May
- P.E. is not met through cheer or marching band



## A-G requirements

- A. History/Social Science 2 years
- B. English 4 years
- C. Mathematics (including Alg II) 3 years (4 rec)
- D. Laboratory Science 2 years (3 rec)
- E. Language other than Eng 2 years (3 rec)
- F. Visual or Performing Arts 1 year
  - Must be same subject
- G. College Prep Elective 1 year

# More on A-G requirements

- Satisfies most college requirements including out of state and private colleges
- Must be a “C” or higher grade in every semester
- Must be a College Prep or higher course
- Minimum does not guarantee admission



# NCAA - Athletes

- Requirements are different than A-G
- If you are going to play division 1 and division 2 sports in college
- Meeting the requirements starts **NOW**
- Must take the SAT or ACT
- Course must be on a form called 48H
- Visual and Performing Arts classes are **NOT** on the 48H form





**National Collegiate Athletic Association – over 1000 colleges participate.  
RULES AND ELIGIBILITY TO PLAY SPORTS IN COLLEGE for  
DIVISION 1, DIVISION 2, and DIVISION 3**

**DIVISION I**

**16 Core Courses:**

- 4 years of English.
- 3 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 1 year of additional English, math or natural/physical science.
- 2 years of social science.
- 4 years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

**DIVISION II**

**14 Core Courses:**

- 3 years of English.
- 2 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 2 years of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 3 years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

**What Do I Need To Do?**

- **Grade 9**
  - Verify with your high school guidance counselor and the online core-course listing to make sure you are on track.
- **Grade 10**
  - Verify with your high school guidance counselor and the online core-course listing to make sure you are on track.
- **Grade 11**
  - Register with the eligibility center.
  - Make sure you are still on course to meet core-course requirements (verify you have the correct number of core courses and that the core courses are on your high school's 48-H with the eligibility center).
  - After your junior year, have your high school guidance counselor send a copy of your transcript. If you have attended any other high schools, make sure a transcript is sent to the eligibility center from each high school.
  - When taking the ACT or SAT, request test scores to be sent to the eligibility center (the code is "9999").
  - Begin your amateurism questionnaire.
- **Grade 12**
  - When taking the ACT or SAT, request test scores to be sent to the eligibility center (the code is "9999").
  - Complete amateurism questionnaire and sign the final authorization signature online on or after April 1 if you are expecting to enroll in college in the fall semester. (If you are expecting to enroll for spring semester, sign the final authorization signature on or after October 1 of the year prior to enrollment.)
  - Have your high school guidance counselor send a final transcript with proof of graduation to the eligibility center.
  - **Visit [www.ncaaclearinghouse.org](http://www.ncaaclearinghouse.org) to register, download a college-bound student athlete guide and get many questions answered.**



Visit [www.naia.org](http://www.naia.org) to find out more about colleges that are a part of the NAIA conference.

The NAIA is the National Association of Intercollegiate Athletics which encompasses 300 colleges and universities. This association focuses on 5 core values that go well beyond the playing field to the daily decisions of students.

**EL CAPITAN PROGRAMMING SHEET**

NAME: \_\_\_\_\_ College Plan \_\_\_\_\_ GRADE 10  
 Last Name First Name Career Plan \_\_\_\_\_ 2009 - 2010

Phone: \_\_\_\_\_ Date: \_\_\_\_\_ I.D.# \_\_\_\_\_

Students in Grade 10 are **required to take** English, mathematics, science, and world history. Any required courses not made up in summer school may also be scheduled. All students must select six courses from the following lists. Indicate selections by placing an X in the space to the left of each course. Repeating a course in which credit has already been granted will **not** result in additional credit. The course with the higher mark will be given the credit and be calculated into the overall GPA. The other course will receive **NO CREDIT** but remain on the transcript. All classes are open to both males and females. All students have equal access to classes.

<p><b>REQUIRED ENGLISH</b></p> <p>___ E022 English 3A/4A                  ___ E024 English 3C/4C*                  ___ E486 World Studies 1H/2H* (TR) (2 Periods)</p> <p><b>REQUIRED MATHEMATICS</b></p> <p>___ M400 Algebra 1C 1/2*                  ___ M420 Geometry 1C 1/2*                  ___ M430 Geometry 1H 1/2* (TR)                  ___ M440 Algebra 1E 1/2*                  ___ M450 Algebra 1H 1/2* (TR)</p>	<p><b>REQUIRED P.E. *</b></p> <p>___ P 141 P.E. (Ind. &amp; Team Sport)                  ___ P 350 Aerobic Fitness (TR) or                  C In P.E. &amp; Sin conduct.                  ___ P 475 Wt. Training/Conditioning (TR) or                  C In P.E. &amp; Sin conduct.                  * Second year P.E. may be waived if a student in the 10<sup>th</sup> and 11<sup>th</sup> grade <b>QUALIFIES</b> outside fitness tests are passed.</p> <p><b>REQUIRED SOCIAL SCIENCE</b></p> <p>___ S243 World History 1C/2C*</p>	<p><b>REQUIRED SCIENCE</b></p> <p>___ A070 California Agriculture 1/2                  ___ A060 Animal Sci. 1/2* (pre req. 1 yr. Cal Ag) (Meets "G" requirement only)                  ___ A250 Agriculture Biology 1C/2C* (pre. req. 1 yr. Cal Ag. Meets 1 yr "D" req.)                  ___ R191 Biology 1C/2C*                  ___ R201 Biology 1H/2H*                  ___ R281 Chemistry 1C/2C* (C In Alg &amp; Bio)                  ___ R291 Chemistry 1H/2H* (TR) (A In Alg &amp; B In Bio)                  ___ R341 Physics 1C/2C* (C In Alg &amp; B In Bio)                  ___ R351 Physics 1H/2H* (TR) (A In Alg &amp; B In Bio)</p>
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| <p>___ A100 Farm Shop 1/2<br/>                 ___ A170 Landscape Tech/Horse Care<br/>                 ___ T300 Floral Design+ ROP+<br/>                 Meets Fine Art</p> <p>___ B010 Art 1/2*<br/>                 ___ B020 Art 3/4* (TR) or C In Art 1<br/>                 ___ B100 3-D Design 1/2*<br/>                 ___ B110 3-D Design 3/4* (TR) or<br/>                 C In 3-D Design 1<br/>                 ___ B840 Cel Animation*<br/>                 ___ T250 Photo 1/2* ROP</p> <p>___ E060 Journalism 1/2 (TR)<br/>                 ___ E100 Publications 1/2 (TR)</p> <p>___ G271 Spanish 1C/2C*<br/>                 ___ G273 Spanish 3C/4C*<br/>                 ___ G284 Spanish 5A/5H*</p> | <p>___ J010 Food Discoveries 1/2<br/>                 ___ T433 Culinary Arts (2 Hrs) ROP+</p> <p>___ K008 Auto 1/2<br/>                 ___ K013 Auto 3/4<br/>                 ___ T088 Auto Tech Info+ ROP+ (1 per)<br/>                 ___ K315 Construction Tech/Draft 1<br/>                 ___ T130 Cabinet &amp; Gutter Making-ROP+<br/>                 (K315 Pre-req)<br/>                 ___ T725 Construction Gen. ROP+<br/>                 (K315 Pre-req)<br/>                 ___ K680 Drafting 1/2*<br/>                 (Meets Fine Art)<br/>                 ___ T110 Drafting 1/2 (CAD) ROP+*(TR)<br/>                 or K680 Pre-req.</p> <p>___ L040 Marching/Symphonic Band*<br/>                 ___ L130 Jazz Band<br/>                 ___ L145 Color Guard (TR)<br/>                 ___ L190 Choir 1*<br/>                 ___ L200 Ensemble* (By Audition)<br/>                 ___ L211 Honor Music 1/2<br/>                 ___ L215 AP Music Theory 1/2* (TR)<br/>                 ___ L280 Percussion<br/>                 ___ L290 Theater<br/>                 ___ L334 Beg. Dance*<br/>                 ___ L336 Int. Dance (TR)<br/>                 ___ L338 Jr. Company* (Audition Only)<br/>                 ___ L338 Adv. Dance* (Audition Only)</p> | <p>___ P150 Lab Assl. (Must have signed form)<br/>                 ___ Y120/Y125 Student Aide<br/>                 (Must have signed form)<br/>                 ___ Y341 Peer Tutor<br/>                 (Must have signed form)<br/>                 ___ Y485 AVID (TR)<br/>                 ___ Y510 Video Production 1/2 (TR)<br/>                 ___ Y845 Website 1/2<br/>                 ___ Y970 College &amp; Career Success, 0 per<br/>                 ___ Y971 College &amp; Career Success, per 7</p> |
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**Alternative Electives:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Recommended Summer Classes:**  
 (Must complete an application to register - this is NOT an application)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Schedule Preference**

Periods 1-6 (Y997)  
 Periods 2-7 (Y998)  
 Bus rider (Y999)

There is no guarantee we will be able to honor your request.

TR Teacher Recommendation  
 (Students who do not get TR's will be placed in the lower level course).

\* Course acceptable to C.S.U. & U.C. systems.  
 + May receive community college credit (see your counselor).

I have carefully considered my interests, abilities, and vocational goals in selecting the above courses for next year.

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STUDENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_ PARENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## Individual Graduation Plan

Name: \_\_\_\_\_ ID #: \_\_\_\_\_ Class Key: \_\_\_\_\_ School Site: \_\_\_\_\_

**Post High School Plans:**

4-year College     2-year College     Trade/Voc School     Military



NCAA Eligibility (Clearinghouse) for Sports\*  
For additional information go to [www.web1.ncaa.org/eligibilitycenter/](http://www.web1.ncaa.org/eligibilitycenter/)

Career/Major: \_\_\_\_\_

School Interests: \_\_\_\_\_

Graduation Requirements (220 credits)	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
<b>A. Social Sci.</b> (35-40 credits)	Geography	World History	U.S. History	Government/Economics
<b>B. English</b> (40 credits)	English 1-2	English 3-4	English 5-6	Senior English
<b>C. Math</b> (30 credits)				
<b>D. Science</b> (20-30 credits)				
<b>E. Foreign Lang.</b> (10 credits or Auto)				
<b>F. Arts</b> (10 credits or F. Lang)				
<b>G. College Prep Electives</b>				
<b>Physical Ed.</b> (20 credits)	9 <sup>th</sup> Grade P.E.			
<b>Electives</b>				
<b>Career Technical Ed. Sequence</b>				
<b>Summer School</b>				

### COLLEGE REQUIREMENTS

#### “A-G” Subject Requirements for Admission to a University of California (UC) or a California State University (CSU)

- A:** U.S./World History – 2 years\*
- B:** English – 4 years\*
- C:** Alg I/Geom/Alg II – 3 years  
(4 years recommended)\*
- D:** Lab Science – 2 years  
(3 years recommended)\*
- E:** Foreign Language – 2 years  
(3 years recommended)\*
- F:** Visual/Performing Arts – 1 year
- G:** Electives – 1 year

\*“A-G” courses must be college-prep and completed with a grade of “C” or better.

*All students, including those planning to attend community college, should complete the “A-G” requirements and a CTE sequence, if applicable. Students who complete this series of classes are proven to be more successful in college and in their careers.*

CAHSEE: ELA: Passed: \_\_\_\_\_ Math: Passed: \_\_\_\_\_ Career Plan: \_\_\_\_\_ Met First Aid: \_\_\_\_\_ Met Tech. Req.: \_\_\_\_\_ Met Fitnessgram: \_\_\_\_\_ Met

Counselor: \_\_\_\_\_ Student: \_\_\_\_\_ Parent: \_\_\_\_\_ Date: \_\_\_\_\_

# Programming

- Cranmore – Thursday 2/12
- DeLong – Thursday 2/12
- Morrow – Thursday 2/12
- Barnett (4 & 6) – Friday 2/13
- Dreis – Tuesday 2/17
- Barnett (7) – Tuesday 2/17
- Snider – Wednesday 2/18
- Wells - Thursday 2/19
- Filius – Thursday 2/19
- Vandervort – Tuesday 2/24